



Myofascial Release Therapy Seminars

presented by Douglas Lee-Regier, MA, LMT

Workshops held in cooperation with
New Dimensions in Wellness
3815 Charles, Omaha, NE
402-561-0833 www.newdimensionsinwellness.com

HERE'S WHAT PEOPLE SAY ABOUT THE WORKSHOPS:

Amazing work, MFR ... powerful, profound, dynamic, non-intrusive, and deep.
My mind and my being are buzzing - enchanted by the possibilities MFR Therapy continues to present. I am grateful for the experience you shared with us all ... a truly authentic experience. The Formless session was truly unique and a perfect end for the workshop...
Wonderful experience, breath taking - I will definitely use it in my practice - Thank you!
Was much more than I expected - results better than stated in printed form.
Everyone was allowed their own individuality; no one forced their way on anyone else.
Fun, accessible, non-intimidating ... a safe environment in which to learn magical work.
I ♥ this work - easier on the therapist - nourishes client and therapist's 3-fold self.
The best workshop I've ever attended! Deeper, better, every session.
Friendly, accepting atmosphere
Overall feeling of comradery, free from judgement
Time taken to make everything clear with helpful feedback while we gave our own treatments
Valuable skills were gained, yet the flow of the workshop didn't allow me to get tired or bored
Very inspiring
Learned a lot / felt nothing but healing
Appreciated the opportunity to open up and understand a deeper connection to what makes us human.
Liked how I felt after someone worked on me ... the awareness of my own body.
Good demonstrations and ample time to practice them ... enlightening to learn.
Amazing hands-on work - nourishes the client and therapist mentally and emotionally.
Loved networking with other therapists - we all seemed so connected.
Phantasmagorical!