



Embrace the Intuitive Healing Power of Reiki

Learn and become attuned to: **Reiki I, II & III**

With Reiki Master-Teacher, Douglas Lee-Regier, MA, LMT



Discover the innate healing energy in every human being and learn how it connects to the body, mind, emotions and spirit of each person. In Chinese energy is called Chi ; in Japanese the word is Ki and Rei means Universal wisdom. Together it means that the universal wisdom directs the energy flow. Learning to work with the Rei and Ki promotes health and balance in all.

During **Reiki I** you will be taught to *turn on the universal wisdom energy flow*. The attunement will further enable you to be aware of that energy flowing through you at all times.

In **Level II** you will be taught to use **symbols** to strengthen the flow of energy, **including distance healing**. These symbols heighten the experience for both the practitioner and recipient.

Level III, the Master level, will further enhance your Reiki skills in by attuning you to a new **power symbol**. A practitioner can then become a **Reiki Master Teacher**.

For all levels you will be given an attunement whereby the teacher will pass to you the tradition of Usui Reiki at that level. There will be ample time for practicing on each other under the mentorship of the instructor. You will be shown your lineage from the origin of **Usui Reiki, a well established Japanese healing method**. From the time of your attunement on, you will be empowered to practice Reiki healing, at that level, on anyone who agrees to receive it, and you will be prepared to *participate fully in your own healing journey*. (See over for further info on Levels.)

Fee or exchange of energy: The exchange of energy, usually a monetary fee, should be seen as a way of energetically bringing the training to the seeker. Additionally, some partial scholarships are available from New Dimensions in Wellness.

For class schedule: *see over*.

**For further information or registrations,
Contact us at: 402-561-0833**

Or visit our website: www.newdimensionsinwellness.com

During the attunement to **Level I** of Reiki, the student / practitioner is taught to “turn on,” or tune into, the “universal wisdom energy flow.” The class includes a rite of passage wherein the teacher passes the tradition along to the student. From that time on, the new practitioner can practice Reiki on anyone who agrees to receive it, usually for some kind of exchange such as love or money.

In **Level II** the practitioner is taught to use certain symbols to strengthen and further empower the flow of energy in the recipient, including distance recipients, again, not through the use of our own power, but simply by allowing the energy to flow. These symbols heighten the experience for both the practitioner and recipient. Again, this attunement happens in a one day class consisting of learning the symbols, how they work and what they are used for. The day includes a symbolic passing of the power of using the symbols to the new Level II practitioner as well as a time for practicing on each other.

Level III consists of learning a new symbol to heighten the power or intensity of Reiki even more. The Level III practitioner, called a Reiki Master, may simply use this new level in their practice or may go on to become a Reiki Master Teacher who can then be taught to attune other Reiki students to all levels of the practice. The teacher skills will be learned as a separate part of the Level III training, with an additional fee, called an exchange of energy.

Reiki Classes and Attunements: 2010 Schedule

Nebraska approved 6 CE Hours per class

NCBTMB Approved Provider

Classes held at New Dimensions in Wellness in Omaha

Feb 27 – Reiki II

Mar 5 – Reiki I

Apr 10 – Reiki II

May 22 – Reiki III

June 12 – Reiki I

July 17 – Reiki II

Aug 7 – Reiki I

Sep 25 – Reiki II

Oct 23 – Reiki III

Nov 13 – Reiki I

Dec 11 – Reiki II